S.E.E.D.

ReThink

ENROLLMENT

EQUITY

MEMPHIS
SHELBY COUNTY SCHOOLS

ReSET

STUDENT

ReStore

DISCIPLINE

S.E.E.D.
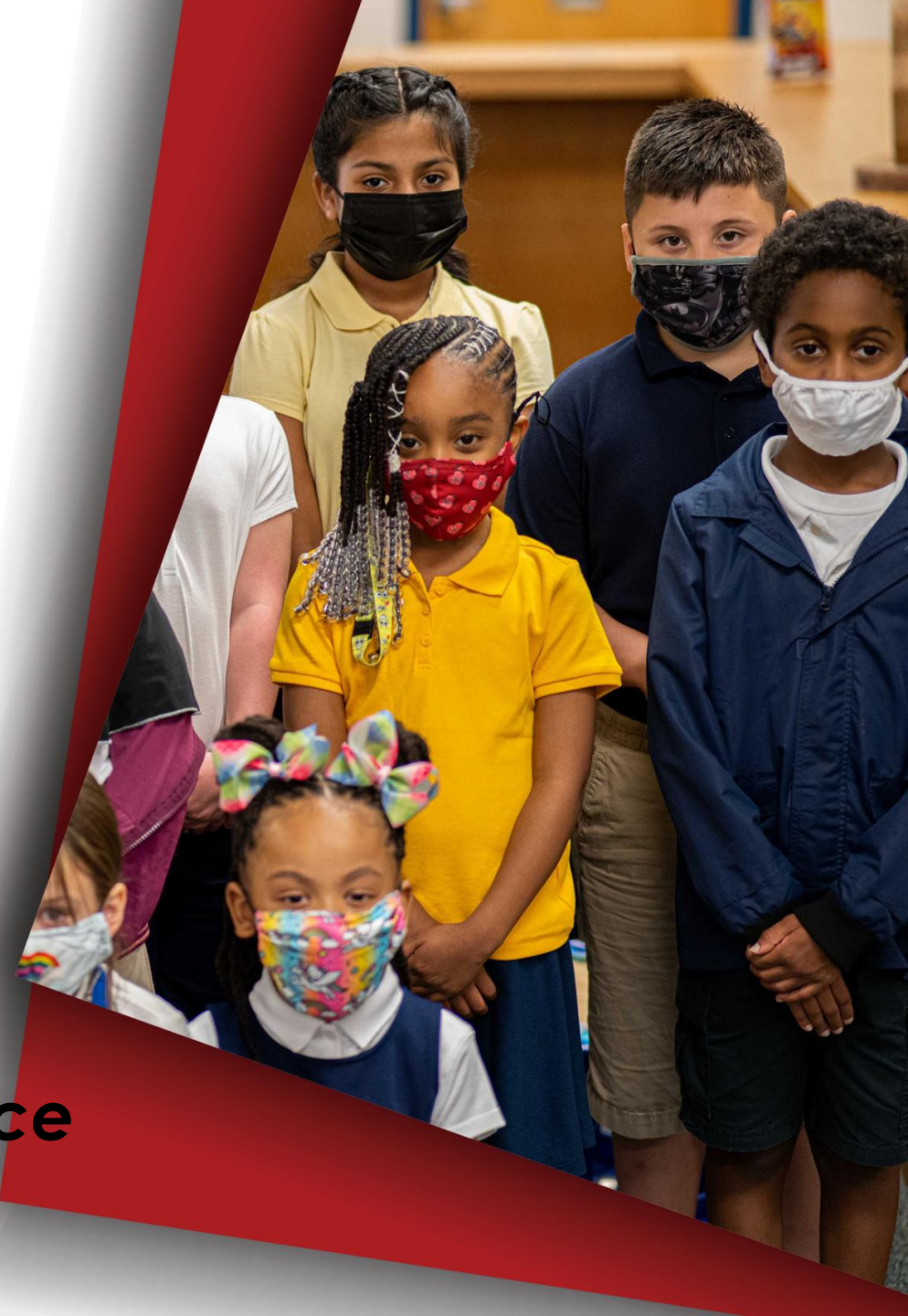
# ReTHINK 901!
## Building School Capacity

### Council of the Great City Schools Conference

*Orlando, FL*
October 21, 2022

# Unprecedented Times…

Many adults and students were struggling with their emotion health and well-being

# ReSET

- Builds student relationships
- Creates supportive school culture
- Embeds student voice and choice
- Promotes restorative practices
- Provides students with an advocate
- Proactive approach to supporting at-risk students

# ReThink

- Encourages equity and kindness
- Affirms ALL students.
- Promotes productive problem solving
- Helps students develop a sense of community
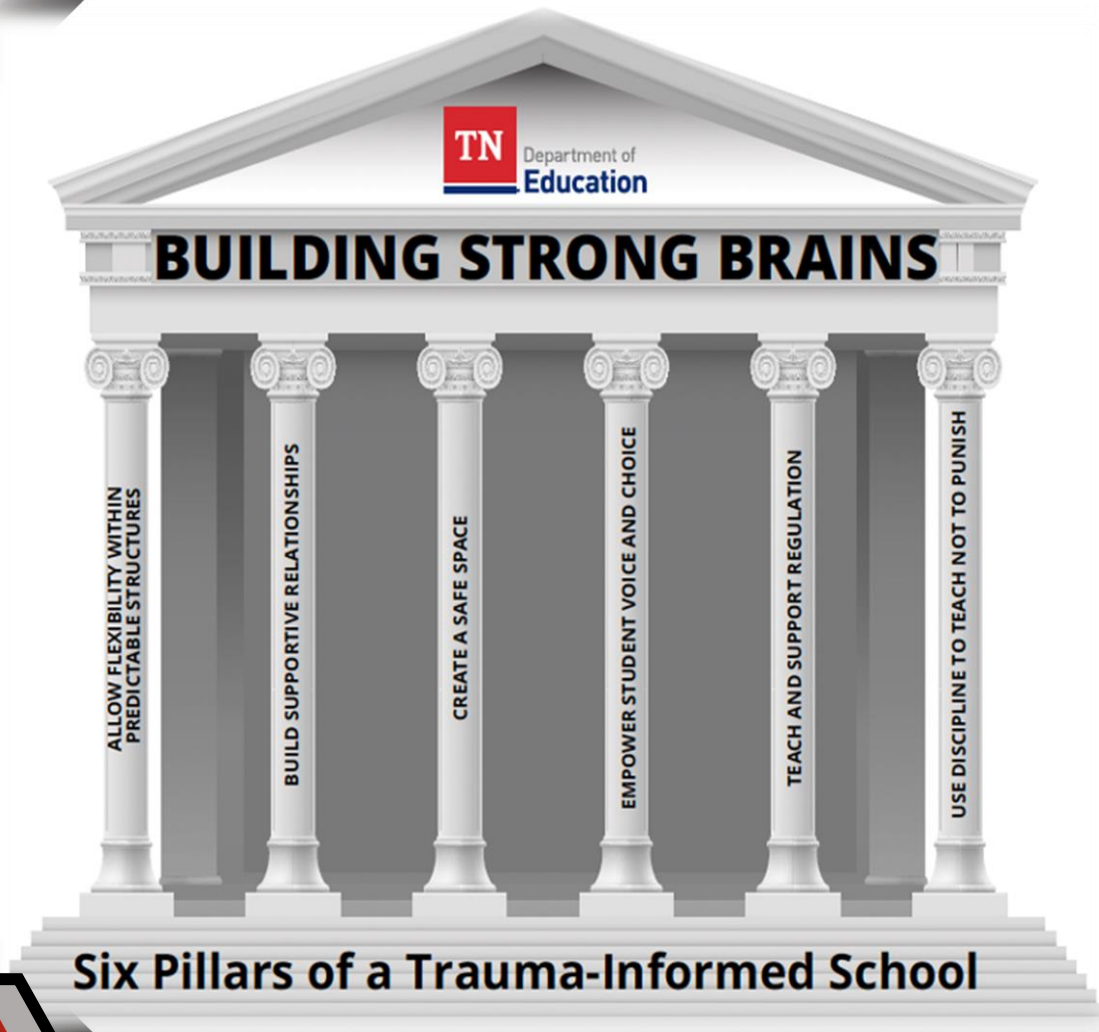- Investment of developing SEL for adults and students

# ReStore

- Accelerates student re-entry after suspension
- Provide families access to professional services and counselors
- Provides students with mentoring opportunities
- Engages students in sessions which promote responsible decisions making , self- management and social awareness

# Begin with the End in Mind…

"Creating a trauma-informed school isn't about teachers becoming therapists. It's about creating an environment that focuses on relationships, trust, and emotional safety."
*-Heather T. Forbes, LCSW*



BUILDING STRONG BRAINS

ALLOW FLEXIBILITY WITHIN PREDICTABLE STRUCTURES

BUILD SUPPORTIVE RELATIONSHIPS

CREATE A SAFE SPACE

EMPOWER STUDENT VOICE AND CHOICE

TEACH AND SUPPORT REGULATION

USE DISCIPLINE TO TEACH NOT TO PUNISH

Six Pillars of a Trauma-Informed School

# Building Capacity Through SEL Supports

## ReSET Room Schools

- Non-punitive program expanding to 127 schools in SCS. A therapeutic space designed to monitor and provide de-escalation strategies, interventions, and supports to students experiencing emotional difficulty during school hours
- Schools without space for a ReSET Room will receive additional behavioral supports from RTIB specialists.

## SEL Curriculum

- K-12 student curriculum for all tiers of learners.
- Program and assessment aligned with CASEL.
- Supports district initiatives for SEL, Mental Health, Trauma, and Equity

Rethink Ed

## Tele-Health Support Line

- 24hr pre-recorded support line addressing trauma, anxiety, suicidal thoughts, depression, etc.
- M-F, 9am – 5pm Live SEL supports provided by social workers, psychologists, and school counselors

## Professional Development

- S.E.E.D. teams provide Professional Learning sessions focused on building skills and knowledge in SEL effective practices, trauma-informed care, researched-based strategies, and strengthening wellness for all SCS adults to include parent workshops.

## Forum for Student Voice & Engagement

- Invited students and student leaders to participant in student-led discussions based on relevant issues and current events. School counselors and mental health staff were available to help monitor and support events.
- Circle Talk with Empathy and Social Behaviors, Peer mediation, and Love & Logic series.
- College and Career Transitioning while maintaining good social emotional health and well-being, Persevering through challenges, Stress Management, ACEs Awareness, Body Language and Conflict are a some of the topics students were able to engage in.

# Family Wellness Centers


**Connecting**
SCHOOLS. FAMILIES. COMMUNITIES.
Re-Imagining Wellness Together

**Student Equity Enrollment & Discipline, S.E.E.D.**
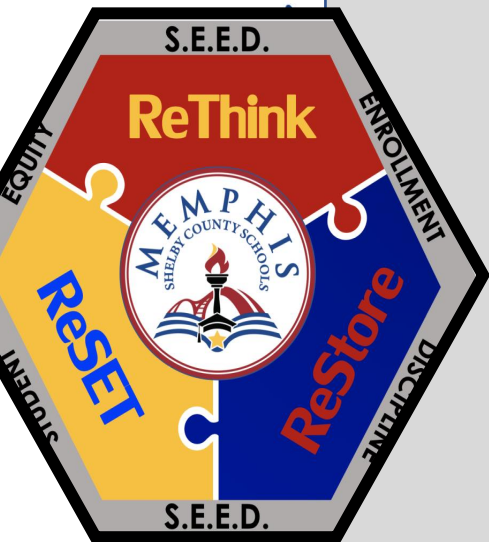Dr. Angela Hargrave, Executive Director

## Restorative Routes to Wellness
**Discipline Referral Processes for Utilizing Wellness Center Supports**
Office of Student Equity, Enrollment & Discipline (SEED) 901-416-6007

*Parent Workshops*

- **Three Operating Center Locations**
  - *Booker T. Washington MH (SY hrs: 10am – 6pm)*
  - *Cordova Middle School (SY hours: 12pm – 8pm)*
  - *Manassas High School (SY hours: 10am – 6pm)*

- Accelerates student re-entry after suspension

- On-site social works, advisors, counselors, and trauma coaches

- Free services for any MSCS student and families

- Services include family counseling, parent workshops, yoga, A&D, ReSTORE programs, registration, and more.

- Expanded services to students and families experiencing homelessne and/or unaccompanied youths.

- Support services and interventions are year-round for families based student needs.

- Expanded services to students and families experiencing homelessness and/or unaccompanied youth.

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**YOGA** at **MSCS Family Wellness Centers**
All sessions and services are FREE for MSCS students and families.

Cordova Middle School
900 N. Sanga Road. Center Hours 12- 8pm
Yoga: Mondays @ 4:00pm

Manassas High School
1111 N. Manassas. Center Hours 10- 6pm
Yoga: Tuesdays @ 4:00pm

Booker T Washington
715 S. Lauderdale. Center Hours 10- 6pm

Enter Doors through secure entrance near Wellness flags

Call 901.416.1631 for more information

# Contact our SEL Leadership Team



**Together, we** MUST BELIEVE!

**Together, we** WILL ACHIEVE!

**Together, are** REIMAGINING 901!

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